

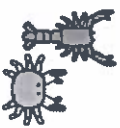













Christmas Menu

Dishes and their allergen content

Dishes		 Cereals containing gluten*												
Turkey Saddle (110294)														
Knorr GF Gravy for Poultry Dishes (28327)														
Cooked Sage & Onion Stuffing Balls (4353)		YES (OATS, WHEAT)												
Pork Chipolata Sausages (3566)		YES (WHEAT)												YES
Steak Pie (as per current menu)		YES (WHEAT)					YES							
Vegetable Lasagne (as per current menu)		YES (WHEAT)					YES							
Macaroni Cheese (as per current menu)		YES (WHEAT)					YES		YES					

Mashed Potatoes (as per current menu)						YES									
Brussels Sprouts (4765)															
Sliced Carrots (4775)															
Farm Frites Noisettes (149245)															
Chocolate Coated Ice Cream Christmas Trees (136232)						MAY CONTAIN			YES		MAY CONTAIN ALMOND, BRAZIL NUT, CASHEW NUT, HAZELNUT, MACADAMIA/ QUEENSLAND NUT, PECAN NUT, PISTACHIO, WALNUT		MAY CONTAIN		YES
Chocolate & Ripple Ice Cream Sponge Rolls (53318)						YES (WHEAT)			YES						YES
Raspberry & Apple Sponge (as per current menu)						YES (WHEAT)			YES						MAY CONTAIN

Review date:
01/11/2023

Reviewed by: Midlothian Council



You can find this template, including more information at www.food.gov.uk/allergy-guidance

2023 Christmas Menu Report

Date: 01/11/2023

Midlothian

Title	Ingredients	Simple Allergens
Brussels Sprouts	Brakes Button Brussels Sprouts Brussel Sprouts	
Chocolate & Ripple Ice Cream Sponge Rolls	Brakes Chocolate Ice Cream Sponge Roll Water, Chocolate Sponge (23%)(Water, Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Sugar, Skimmed Milk Powder, Dextrose, Egg , Colour(Plain Caramel), Soya Flour, Raising Agents(Disodium Diphosphate, Sodium Carbonate), Cocoa Powder, Emulsifiers(Mono- and Di-Glycerides of Fatty Acids, Polyglycerol Esters of Fatty Acids), Egg White, Flavouring), Sugar, Palm Oil, Whey Solids (Milk), Whey Powder (Milk), Cocoa Powder, Skimmed Milk Powder, Buttermilk Powder, Glucose, Stabilisers(Guar Gum, Xanthan Gum, Locust Bean Gum, Carboxymethyl Cellulose), Emulsifier(Mono- and Di-Glycerides of Fatty Acids), Colour(Plain Caramel), Acidity Regulator(Citric Acid), Flavouring, Preservative(Potassium Sorbate), Gelling Agent(Pectin).	Allergens: Eggs, Gluten, Milk, Soya, Wheat.
Chocolate Coated Ice Cream Christmas Trees	Cooldelight Chocolate Coated Ice Cream Xmas Trees Skimmed MILK , Compound Coating (26%) (Vegetable Fat Coconut, Sugar, Fat-reduced Cocoa Powder (3.3%), Natural Vanilla Flavouring, Emulsifier Lecithins (SOY)), Strawberry Puree (11%), Sugar, Vegetable Fat Coconut, Inulin, Glucose Syrup, Whey Solids (Contains MILK), Emulsifier (Mono and Di-Glycerides of Fatty Acids), Acidity Regulator (Citric Acid), Colour (Red Beetroot Juice Concentrate), Natural Flavouring, Stabilisers Guar Gum, Locust Bean Gum.	Allergens: Milk, Soya. May Contain: Almonds, Brazil Nuts, Cashew Nuts, Eggs, Hazelnuts, Macadamia or Queensland Nuts, Pecan Nuts, Pistachios, Walnuts.
Cooked Sage & Onion Stuffing Balls	Brakes Cooked Sage & Onion Stuffing Balls Water, ; Wheat ;Flour (with Calcium, Iron, Niacin, Thiamin), Onion (16%), ; Oats , Rapeseed Oil, Vegetable Suet (Wheat ;Flour (with Calcium, Iron, Niacin, Thiamin), Palm Oil, Rapeseed Oil, Sunflower Oil), Salt, Sage (1.0%), Onion Powder, Parsley, Yeast.	Allergens: Gluten, Oats, Wheat.
Farm Frites Noisettes	Farm Frites Noisettes Potato (94%), SG palm oil (5%), salt, stabiliser: E461, dextrose, spices.	
Knorr GF Gravy for Poultry Dishes	Knorr Gluten Free Gravy Granules for Poultry Dishes 25L Maltodextrin, starch, flavourings, rice flour, salt, yeast extract, sunflower oil, tomato puree powder*, caramel syrup, onion juice concentrate*, herbs (rosemary, sage), pepper. *Made from sustainably grown ingredients.	
Macaroni Cheese	Milk, semi-skimmed, pasteurised, average Sunflower Light Spread Water, Vegetable oils (Rapeseed Oil, Palm Oil, Sunflower Oil), Salt, Emulsifiers (Mono- and Di-Glycerides of Fatty Acids, Polyglycerol Polyricinoleate), Preservatives (Potassium Sorbate), Flavouring, Vitamin A, Colour(Beta-Carotene), Vitamin D. Colman's English Mustard 100g Water, MUSTARD flour (21%), sugar, salt, WHEAT flour (contains: calcium carbonate, iron, niacin, thiamin), turmeric, acidity regulator (citric acid), thickener (xanthan gum). Sysco Classic Cornflour Maize Starch. Water Sysco Classic Grated Mature Coloured Cheddar Cheese Coloured Cheddar(Milk) Contains ;Colour(Annatto Norbixin)), Anti-caking Agent(Potato Starch). Osprio Macaroni (Scotland Only) Durum WHEAT semolina Sysco Classic Ground Black Pepper Ground Black Pepper.	Allergens: Gluten, Milk, Mustard, Wheat.
Mashed Potatoes	McCain Chef's Solutions Simply Mash Potato POTATOES Milk, semi-skimmed, pasteurised, average Margarine Vegetable oils in varying proportions (70%) (rapeseed, palm, sunflower), water, salt (1,4%), preservative (potassium sorbate), acid (citric acid) emulsifier (mono- and diglycerides of fatty acid), flavourings, vitamins (A and D)	Allergens: Milk.

Title	Ingredients	Simple Allergens
Pork Chipolata Sausages	Brakes Pork Chipolata Sausage Pork (42%), Water, Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Pork Rind, Pork Fat, Salt, Dextrose, Spices (Black Pepper, White Pepper), Stabilisers (Tetrasodium Diphosphate, Disodium Diphosphate), Raising Agent (Ammonium Carbonate), Yeast Extract, Preservative (Sodium Sulphite), Sugar, Spice Extracts(Coriander, Nutmeg), Antioxidant (Sodium Ascorbate), Herb Extract (Sage). Filled into Beef Collagen Casing (Beef Collagen, Water, Cellulose).	Allergens: Gluten, Sulphites, Wheat.
Raspberry & Apple Sponge	Craigmillar Extra Moist Cake Mix Sugar, WHEAT FLOUR (WHEAT FLOUR , Calcium carbonate, Niacin, Iron, Thiamine), Modified corn starch, WHEY POWDER , Raising agent (Diphosphates, Sodium carbonates), WHEAT GLUTEN , Emulsifier (Mono- and diglycerides of fatty acids, Propane-1,2-diol esters of fatty acids), Palm fat, Rapeseed oil, Stabiliser (Xanthan gum), Flavouring. Rapeseed Oil Rapeseed Oil, Anti-foaming Agent (Dimethylpolysiloxane). Water Vanilla Essence Water, Monopropylene Glycol, Colour (Caramel E150a), Flavourings. Brakes Solid Pack Apple Apple, Water, Acidity Regulator (Citric Acid), Antioxidant (Ascorbic Acid). Brakes Raspberries Raspberries Egg - George Andersons Egg	Allergens: Eggs, Gluten, Milk, Wheat. May Contain: Soya.
Sliced Carrots	Brakes Carrot Roundels Carrots	
Steak Pie	PGI Beef Shoulder Steak Diced 95% Visual Lean . Onions Brakes Carrot Roundels Carrots Brakes Gluten Free Fine Gravy Granules Potato Starch, Maltodextrin, Salt, Flavourings, Colour (Ammonia Caramel), Palm Oil, Flavour Enhancers (Monosodium Glutamate, Disodium 5'-Ribonucleotides), Lactose (Milk), Acid (Citric Acid), Milk Proteins. Brakes Puff Pastry Squares Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Margarine(Palm Oil, Water, Rapeseed Oil, Salt), Water, Preservative(Potassium Sorbate).	Allergens: Gluten, Milk, Wheat.
Turkey Saddle	Brakes Cooked Turkey Saddle Turkey Breast (81%), Turkey Skin, Potato Starch, Water, Dextrose, Salt, Stabiliser(Carrageenan, Disodium Diphosphate, Pentasodium Triphosphate), White Pepper, Colour(Plain Caramel).	
Vegetable Lasagne	. Onions Cooks & Co Garlic Puree Garlic (98%), Acidity Regulator: Citric acid. Rapeseed Oil Rapeseed Oil, Anti-foaming Agent (Dimethylpolysiloxane). Mushroom. Chopped Tomatoes Tomatoes, Tomato Juice, Acidity Regulator (Citric Acid). . sweetcorn Brakes Tomato Paste Tomatoes, Acidity Regulator(Citric Acid). Sysco Classic Cornflour Maize Starch. Brakes Italian Non Pre-Cook Lasagne Durum Wheat Semolina (100%). Milk, semi-skimmed, pasteurised, average Grated Cheddar Cheese Blend 1x2kg MILK , water, palm oil, potato starch, MILK protein, trisodium citrate, salt, tricalcium phosphate, citric acid, beta carotene, starter culture, microbial rennet, anti-caking agent (potato starch)	Allergens: Gluten, Milk, Wheat.